



# Journey to the Chuppah

A guided path of conversation, reflection, and connection for couples preparing to stand beneath the chuppah together.



WEDDING PREPARATION WITH RABBI AMY RADER

## Welcome to the Journey

Getting married is so much more than planning a beautiful day. It is the beginning of a lifelong partnership, and I believe the months before your wedding are some of the most meaningful you will ever spend together.

Journey to the Chuppah is our wedding preparation experience for couples of every background, interfaith, intercultural, and everything in between. Together, we will

*"A wedding is one day. A marriage is a journey. This is where that journey begins."*

### THE BASICS

- Six sessions, meeting in person or by video, scheduled around your timeline
- Designed for couples of any faith background or combination of backgrounds
- Concludes with a family meeting in the final weeks before your ceremony

slow down, ask good questions, and build a foundation strong enough to hold everything ahead of you.

— Flexible pacing, this is your journey, and we shape it around you

This is not a class. Think of it as quality time for the two of you and me, set aside in the middle of all your wedding planning to actually slow down and talk, guided with warmth, honesty, and a little bit of Jewish wisdom along the way.

*With love and big mazal tovs,  
Rabbi Amy*

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## What to Expect, Session by Session

Six sessions that walk you from your first conversation to the moment you stand beneath the chuppah.



### SESSION ONE

#### Vision, Values & Partnership

A warm, low-pressure first conversation about your story, how you met, and the vision you are each bringing into this partnership.



### SESSION TWO

#### The Ketubah & Sacred Promises

We explore the ketubah and begin talking through the commitments, spoken and unspoken, that will become your marriage's foundation.



### SESSION THREE

#### The Architecture of Your Chuppah

We talk through the meaning behind the rituals available to you and begin designing a ceremony that reflects your values and vision.



#### SESSION FOUR

### Communication & Conflict

Practical tools for communication and navigating disagreement with honesty, respect, and care, especially when things get hard.



#### SESSION FIVE

### The Threshold

A chance to pause and reflect on the threshold you are about to cross, and arrive at your ceremony grounded and intentional.



#### SESSION SIX · FINAL

### The Family Meeting

Held shortly before the ceremony, we bring both families together to meet, ask questions, and feel grounded for the celebration ahead.



## Ready to Begin?

Every couple's path to the chuppah looks a little different, and that is exactly how it should be. I would love to talk with you about your story and how Journey to the Chuppah can be shaped around it.



Rabbi Amy Rader

Founder & Senior Rabbi, The Neshamah Institute  
Wedding Officiant serving South Florida

GET IN TOUCH