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# BLESSING THE CHILDREN

## FOR DAUGHTERS

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| 1 Y'si-meikh Elohim k'Sara Rivka | 1 יְשִׁמְךָ אֱלֹהִים כְּשָׂרָה רַבֵּקָה |
| 2 Rahel v'Lea.                   | 2 רַחֵל וְלֵאָה.                        |

## FOR SONS

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| 3 Y'sim-kha Elohim k'Efrayim | 3 יְשִׁמְךָ אֱלֹהִים כְּאֶפְרַיִם |
| 4 v'khi-M'na-she.            | 4 וְכִמְנוּשָׁה.                  |

## FOR ALL

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| 5 Y'va-re-kh'kha Adonai v'yish-m'rekha.    | 5 יְבַרְכֶךָ יי וְיִשְׁמְרֶךָ.            |
| 6 Ya-eir Adonai panav ei-lekha vi-hu-neka. | 6 יָאֵר יי פָּנָיו אֵלֶיךָ וַיְחַנְּנֶךָ. |
| 7 Yisa Adonai panav ei-lekha               | 7 יֵשֶׂא יי פָּנָיו אֵלֶיךָ               |
| 8 v'ya-seim l'kha shalom.                  | 8 וְיִשֵּׂם לְךָ שְׁלוֹם.                 |

### FOR DAUGHTERS

May God make you like Sarah, Rebecca, Rachel, and Leah.

### FOR SONS

May God make you like Efrayim and M'na-she.

### FOR ALL

May Adonai bless you and protect you.

May God's face shine upon you and be gracious to you.

May God's presence be lifted toward you and grant you peace.

This blessing for children and families comes from the Torah. It is significant that Judaism endows human beings with the ability to bless each other. No priest, rabbi or even God is necessary for people to offer blessings between one another. This is another example of how much Judaism trusts each human being to bring holiness and spirituality into daily life.