



Holy at Home: Seder for Rosh Hashanah

5781/ 2020



Shanah Tovah!

Shalom Neshamah Friends,

We're learning so many new skills in our new pandemic world!

Using this tool kit you can add leading a Rosh Hashanah Seder to your list!

Feel free to get creative, skip around, add your own ideas, and mostly have fun. Use these materials any time over Rosh Hashanah - Friday evening 9.18.20 - Sunday evening 9.20.20.

Share some photos and comments and help our community start the new year with your personal touch.

Rabbi Amy Rader

*Supplies: wine / grape juice, kiddush cup, dates, pomegranates, candles / candlesticks, challah

To Everything

To everything there is a season
And an appointed time for everything under heaven.

*Now is the time for turning.
The leaves are beginning to turn.*

It takes an act of will
For us to make a turn.

*It means breaking with old habits.
It means admitting that we have been wrong.*

It means losing face.
It means starting over again.



To Everything

It means saying "I'm sorry."

It means admitting we have the ability to change.

These things are hard to do.

But unless we turn, we will be trapped in old ways.

God, help us turn --

*From callousness to sensitivity,
from hostility to love*

From pettiness to purpose,
from envy to contentment.

Amen.

From Gates of Repentance

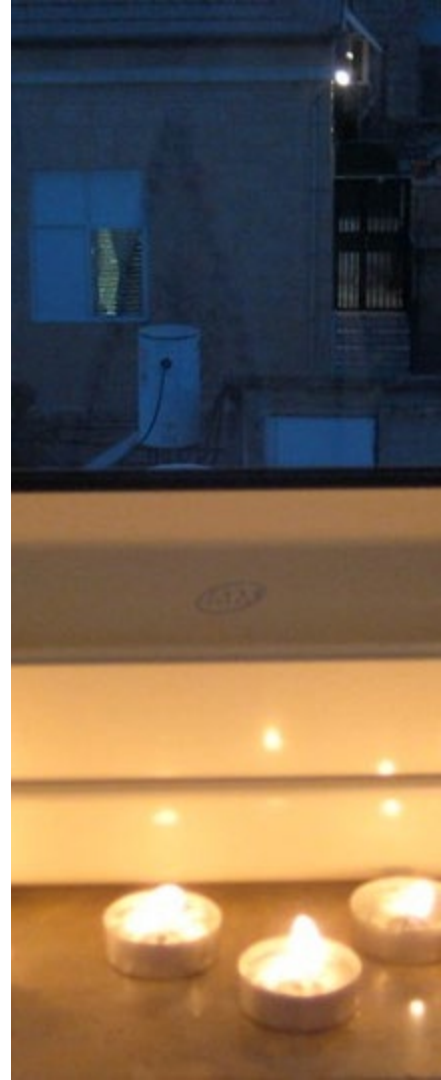


Lighting Candles

Baruch atah YHVH, Eloheinu,
Melech ha-olam,
Asher kidshanu b' mitzv otav
V' tziv anu l' hadlik ner shel Shabbat v' shel Yom Tov .

Blessed are You, YHVH, Our God,
Sovereign in all time and space,
You make us holy in connecting-command
Calling us to kindle the lights of Shabbat and Yom Tov.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת וַיּוֹם טוֹב.



First Cup of Wine - Love

Our first cup evokes love; love of family, love of Judaism and love rooted in God's gift of creation.

Baruch atah, YHVH,
eloheinu melech ha'olam,
borei p'ri hagafen.

בָּרוּךְ אַתָּה יְהוָה ,
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם ,
בוֹרֵא פְרִי הַגָּפֶן.

Blessed are You, YHVH our God, sovereign of creation
Creator of the fruit of the vine.



Kiddush for Shabbat & Festivals

Baruch atah, YHVH, eloheinu
melech ha'olam, asher bachar
banu im kol am, v'rom'manu im kol
lashon, v'kidshanu b'mitzvotav. Va-
titen lanu YHVH eloheinu b'ahavah
et yom ha-Shabbat hazeh v'et yom
ha-zikaron hazeh, yom t'ruah
b'ahavah, mikra kodesh, zecher
l'tziat mitzrayim.

-

We praise You, Sovereign of Existence! You have called us for service along with other peoples, and have hallowed our lives with commandments. You lovingly gave us, YHVH our God, this Shabbat for rest, and this Day of Remembrance and shofar, a holy occasion and a commemoration of the Exodus from Egypt.

ברוך אתה יהו"ה, אלהינו מלך
העולם, אשר בחר בנו עם כל עם,
ורוממנו עם כל-לשון, וקדשנו
במצותיו, ותתן לנו יהו"ה אלהינו
באהבה את יום השבת הזה ואת יום
הזכרון הזה, יום תרועה באהבה
מקרא קדש, זכר ליציאת מצרים.



Kiddush for Shabbat & Festivals

Ki v'anu v'acharta, v'otanu
kidashta, im kol ha'amim. U-
d'v'ar'cha emet v'kayam la'ad.
Baruch atah, YHVH, melech al kol
ha-aretz, m'kadesh ha-Shabbat v'
Yisrael v'yom ha-zikaron.

You have chosen and sanctified us along with all the nations.
Your words are true and endure forever! Blessed are You,
YHVH, Sovereign of all the earth, Who sanctifies Shabbat and
Israel and this Day of Remembrance.

כִּי בָנוּ בְּחֵרָתְךָ וְאוֹתָנוּ קִדְשָׁתָהּ עִם
כָּל-הָעַמִּים. וַיְדַבֶּרְךָ אֱמֶת וְקִיָּם
לְעַד. בָּרוּךְ אַתָּה יְהוָה, מֶלֶךְ
עַל כָּל הָאָרֶץ, מְקַדֵּשׁ הַשַּׁבָּת
וְיִשְׂרָאֵל וַיּוֹם הַזִּכְרוֹן.



Dates - Symbol of Relationship

As we prepare to enter into the new year with our community, dates embody a blessing for the sweetness of peace and meaningful relationships:

Baruch atah □□□□□
Eloheinu melech
ha'olam, borei pri
ha'etz.

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ.
מֶלֶךְ הָעוֹלָם בּוֹרֵא פְרֵי הָעֵץ.

Blessed are You, YHVH our God, sovereign of creation,
creator of the fruit of the tree.



Pomegranates - Symbol of Mitzvot

Pomegranates are our embodied prayer for more Torah and more mitzvot in the new year:

*Baruch atah □□□□□ Eloheinu
melech ha'olam,
borei pri ha'etz.*

בָּרוּךְ אַתָּה יְהוָה
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
בוֹרֵא פְרֵי הָעֵץ.

Blessed are You, YHVH our God, sovereign of creation, creator of the fruit of the tree.



Shema - Oneness

Sh'ma Yisrael:

YHVH Eloheinu

YHVH echad!

שְׁמַע יִשְׂרָאֵל ,

יְהוָה אֱלֹהֵינוּ,

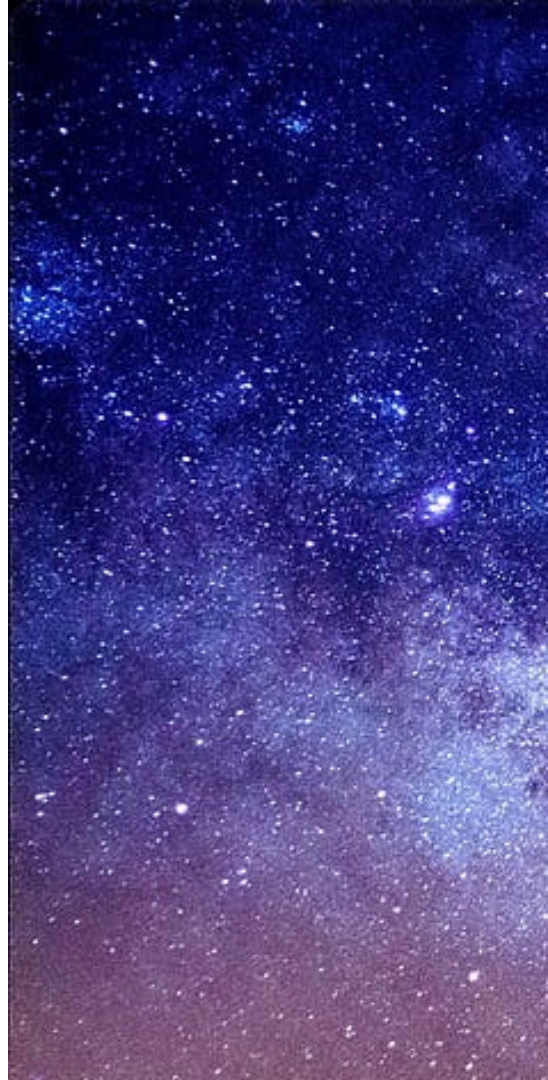
יְהוָה אֶחָד:

Baruch sheim k'vod
malchuto l'olam va'ed!

בְּרוּךְ שֵׁם כְבוֹד
מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Hear, O Israel -- YHVH is our God -- YHVH is One.

Through time and space Your glory shines forever now.



V'Ahavta

V'ahavta et Adonai elohecha, b'chol
l'v avcha, uv'chol nafshecha, uv'chol
me'odecha. V'hayu ha-d'varim ha-
eileh, asher anochi m'tzav'cha hayom,
al l'v avecha. V'shinantam l'v anechea,
v'dibarta bam b'shiv't'cha b'veitecha,
uv'lech't'cha v'aderech uv'shochb'cha
uv'kumecha. Ukshartam l'ot al
yadecha, v'hayu l'totafot bein einecha,
uch'tavtam al m'zuzot beitecha
uv'isharecha.

Love YHVH your God with all your heart, with all your soul, with all your being. Place these words that I command you this day upon your heart. Teach them faithfully to your generations. Speak of them at home and on your way, when you lie down and when you rise up. Write them on the doorposts of your house and on your gates.

וְאָהַבְתָּ אֶת יְהוָה אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ ,
וּבְכָל-נַפְשֶׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים
הָאֵלֶּה, אֲשֶׁר אֶנְכִי מְצַוֶּה הַיּוֹם, עַל-
לִבְבְּךָ: וְשִׁנַּנְתָּם לְבְנֶיךָ, וְדַבַּרְתָּ בָּם
בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בַדֶּרֶךְ
וּבְשֹׁכְבְךָ וּבְקוּמְךָ. וְקָשַׁרְתָּם לְאוֹת עַל-
יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וְכִתַּבְתָּם
עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:



Second Cup - Courageous Love

Our second cup evokes courageous love, risk-taking love, love in the unknown, love in tight places.

Baruch atah, YHVH,
eloheinu melech ha'olam,
borei p'ri hagafen.

בָּרוּךְ אַתָּה יְהוָה ,
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם ,
בוֹרֵא פְרִי הַגָּפֶן.

Blessed are You, YHVH our God, sovereign of creation
Creator of the fruit of the vine.

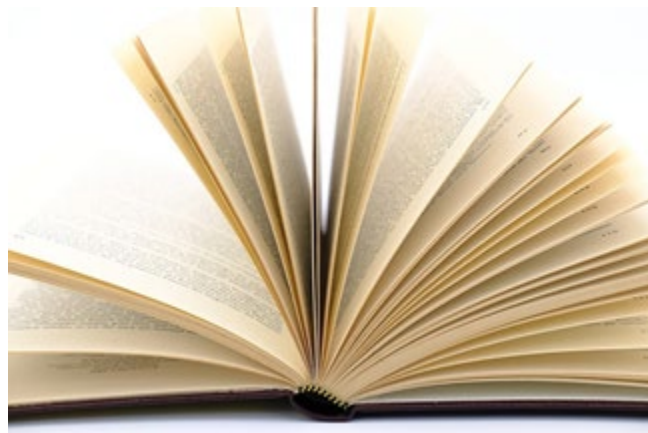


In The Book of Life

B'sefer chayyim, bracha v'shalom,
ufarnasah tovah,
N'zacher v'nikatev l'fanecha,
anachnu v'chol amcha beit
Yisrael, l'chayyim tov'im
u'l'shalom.

In the book of life, blessing and peace
And of making a good living
May we be remembered, may we be written
Before You, Holy One.
All of us and all Your people *beit Yisrael*
For life and for goodness, for life and for goodness
And for shalom.

בְּסֵפֶר חַיִּים, בְּרָכָה וְשָׁלוֹם
וּפְרֻנְסָה טוֹבָה, נִזְכָּר וְנִכְתָּב
לְפָנֶיךָ, אֲנַחְנוּ וְכָל עַמֶּךָ בֵּית
יִשְׂרָאֵל, לְחַיִּים טוֹבִים
וּלְשָׁלוֹם .

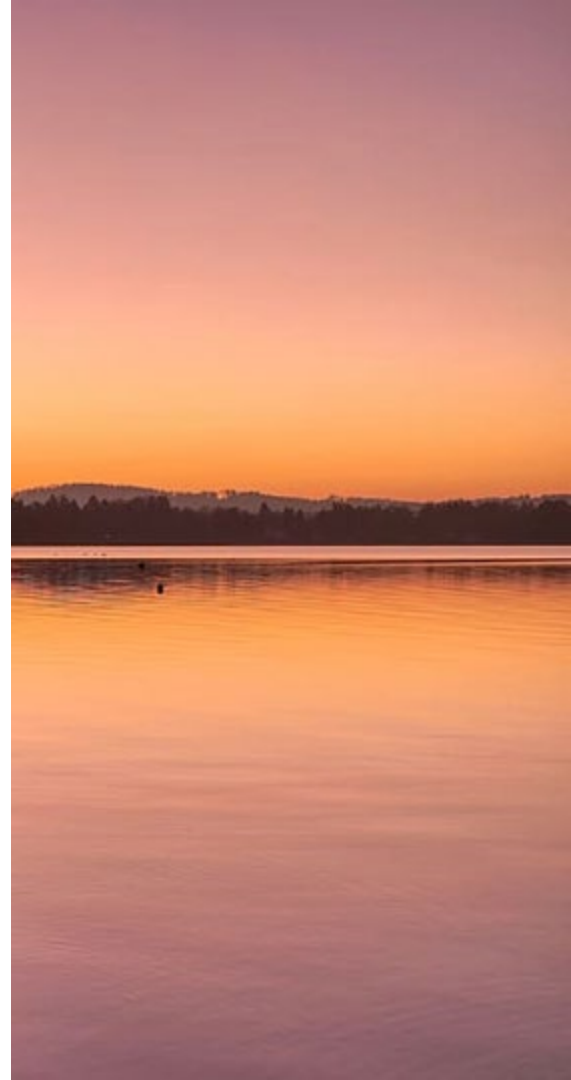


Oseh Shalom

Oseh shalom bimromav ,
hu ya'aseh shalom aleinu
v'alkol Yisrael,
v'alkol yoshvei tevel,
v'imru Amen.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל ,
וְעַל כָּל יוֹשְׁבֵי תֵבֵל , וְאָמְרוּ אָמֵן :

May the One who makes peace in the high heavens
make peace for us,
for all Israel,
and for all who dwell on earth.
And let us say: Amen.



Third Cup - Forgiving Love

Our third cup evokes love that gives and receives forgiveness.

Baruch atah, YHVH,
eloheinu melech ha'olam,
borei p'ri hagafen.

בָּרוּךְ אַתָּה יְהוָה ,
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם ,
בוֹרֵא פְרִי הַגָּפֶן.

Blessed are You, YHVH our God, sovereign of creation
Creator of the fruit of the vine.



Waters of Healing

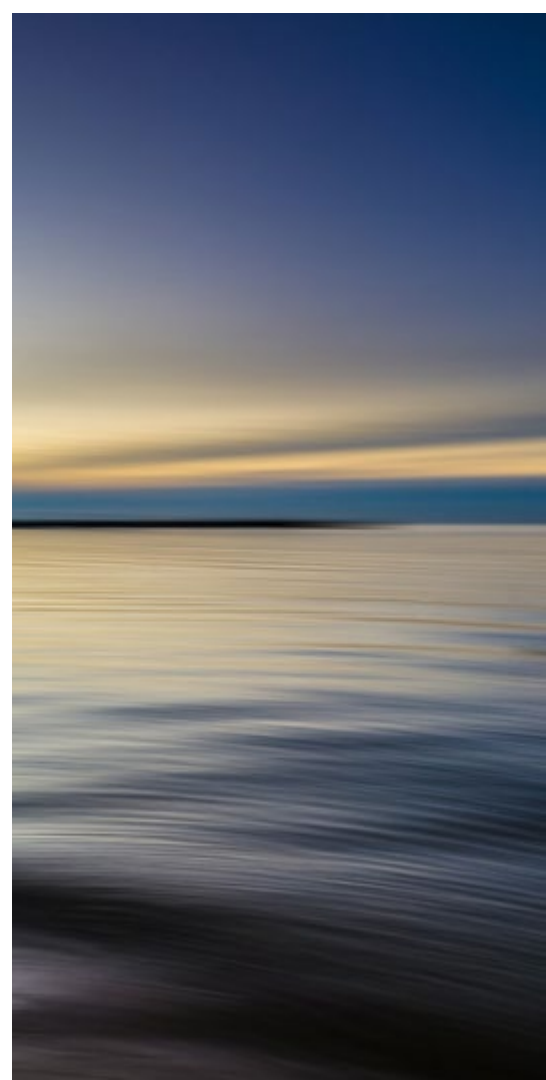
(Mention anyone's name who needs healing.)

May the waters of healing
flow through our soul
May the waters of healing
flow through our mind
May the waters of healing
flow through our heart
May the waters of healing
flow through our form.

Ana El na, please Holy One,
R'fa na la,
Let Your healing be done
Ana El na, heal our soul,
R'fa na la, may we be whole.

May the pure light of healing bring
healing and comfort to ...

Rabbi Shohama Wiener



Fourth Cup - Love that Remembers

Our fourth cup, a cup of salt water, evokes love that remembers - sometimes with tears.

Baruch atah, YHVH,
eloheinu melech ha'olam,
borei p'ri hagafen.

בָּרוּךְ אַתָּה יְהוָה ,
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם ,
בוֹרֵא פְרִי הַגָּפֶן.

Blessed are You, YHVH our God, sovereign of creation
Creator of the fruit of the vine.



Yahrzeits

Mention family members who are not with you ... Share memories or lessons from their lives.



Apples and Honey

*For a new year of sweetness
we bless apples and honey.*

Baruch Atah YHVH,
eloheinu melech
ha'olam, borei pri ha-etz.

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ
הָעוֹלָם, בּוֹרֵא פְרֵי הָעֵץ.

Blessed are You, YHVH our God, sovereign of all creation,
Creator of the fruit of the tree.



The new year starts

The new year starts as days are waning.
I'm never ready when the first leaves turn.
Every Jewish day begins with evening:
darkness before light, since the beginning.

I'm never ready when the first leaves turn.
Roll the scroll toward the end of our story:
darkness before light since the beginning.
Am I ready to turn and face what's coming?

Roll the scroll toward the end of our story --
can I open my hands and let go of the summer?
Am I ready to turn and face what's coming?
You know what they say about endings --



The new year starts

I open my hands and let go of the summer,
paint every cracked and broken place with gold.
You know what they say about endings:
turn the page, start a chapter, begin again.

Paint every cracked and broken place with gold!
Every Jewish day begins with evening:
turn the page, start a chapter, begin again.
The new year starts as days are waning.

Rabbi Rachel Barenblat



Hamotzi - Blessing over Challah

The year is a circle, bringing us back around to where we began. Tonight as we bless a round challah we bless the cycles of time.

Baruch atah □□□□□
Eloheinu melech ha'olam,
hamotzi lechem min ha'aretz.

בָּרוּךְ אַתָּה יְהוָה
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
הַמוֹצֵיא לֶחֶם מִן הָאָרֶץ.

Blessed are You, YHVH
our God, sovereign of all creation,
Who brings forth bread from the earth.



L'Shanah Tovah!

L'shanah tovah
tikatevu v'techatemu!

לְשָׁנָה טוֹבָה
תִּכְתְּבוּ וְתִחַתְּמוּ!

May we be inscribed and sealed
for a good and sweet year!

